

Joseph A. Ladapo, MD, PhD State Surgeon General

Vision: To be the Healthiest State in the Nation

COVID-19 GUIDANCE FOR STUDENTS

COVID-19 is a respiratory illness spread mainly from person-to-person through respiratory droplets which are produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths and noses of people who are nearby or possibly be inhaled into the lungs. Symptoms of COVID-19 include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

<u>Exposure</u>

If your child has been in direct contact with a person who has COVID-19, please monitor your child for any symptoms of COVID-19. Your child may continue to attend school as long as they have no COVID-19 symptoms. If you notice any symptoms, contact your child's health care provider immediately for further evaluation and testing. If your child exhibits symptoms or tests positive for COVID-19, he or she should stay home from school.

Symptoms or Positive Test

If your child has symptoms of COVID-19 or has tested positive for COVID-19, he or she will need to stay home from school. They may attend school, school-sponsored activities, and be on school property after they meet one of the following criteria:

- Five days have passed since the onset of symptoms or positive test result, the student has had no fever for at least 24 hours, and the student's other symptoms are improving.
- OR
 - The student is asymptomatic and receives a negative diagnostic COVID-19 test.
- OR
 - The student received written permission to return to school from a medical provider (medical doctor, osteopathic physician, or advanced registered nurse practitioner).

If you have any additional questions, please call the Florida Department of Health in Nassau County at 904-875-6100.

More information about COVID-19 is available at www.floridahealthcovid19.gov.

